

## Dickinson County

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### Community Health Needs Assessment Snapshot

#### Promote Healthy Behaviors

##### Problems/Needs:

- Alcohol/Drug-Ranked 26th in the State of Iowa. Many programs exist. We have made progress with this issue.
- Mental Health: Ranked 58th in Clinical care in the State of Iowa. We have access to Care Issues.
- Pregnancy and Birth: Ranked 26th in the State of Iowa. 2009 it was at a historic low at 39.1 per 1000.
- Wellness Programs: Address cardiovascular, cancer, asthma, diabetes, suicide rates

#### Prevent Injuries

##### Problems/Needs:

- Suicide Rate Higher (24.2) than the United States rate of 10.9.

#### Protect Against Environmental Hazards

##### Problems/Needs:

- Rated 97 of 99 counties in Physical Environment (Silver Lake-manure spill in March 2009), according to University of Wisconsin our low rating is due to our Liquor store density.

#### Prevent Epidemics and the Spread of Disease

##### Problems/Needs:

- Education on STD/HIV to school aged individuals. Siouxland District health department does our STD and HIV counseling and testing.

#### Prepare for, Respond to, and Recover from Public Health Emergencies

##### Problems/Needs:

- Ongoing issues. Working with EMA and the hospital in Emergency Preparedness Planning.

## Strengthen the Public Health Infrastructure

Problems/Needs:

None identified

## Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
To become an Iowa Healthy Community	Educate the public on what CHNA & HIP is, by meeting with businesses, service groups, Extension, Chambers, Kiwanis, etc. to partner with them and make a collaborative effort to provide services in our county.	Mary	within the next 2 months
	Meetings will be held in Spirit lake, Milford/Terril and Lake Park.		

Goal	Strategies	Who is responsible?	When? (Timeline)
To become a Iowa Healthy Community	Provide low rate screenings for a period of time each year. Like scans and health profiles	Hospital	within 10 months
	Dietitian can be used to provide Healthy nutritional in-services.		

Goal	Strategies	Who is responsible?	When? (Timeline)
To become an Iowa Healthy Community	Do assessment testing. Have been done at the hospital and YMCA. May also include schools and businesses.	YMCA	within the next 10 mo.

Goal	Strategies	Who is responsible?	When? (Timeline)
To become an Iowa Healthy Community	Hold Fan Camp at Camp Foster	YMCA	to be held this summer 2011

Goal	Strategies	Who is responsible?	When? (Timeline)
To become an Iowa Healthy Community	Scholarships offered by the YMCA for people that cannot afford programs and camps	YMCA	ongoing the next 10 months

Goal	Strategies	Who is responsible?	When? (Timeline)
To become an Iowa Healthy Community	Kuoo to help with getting messages out to the communities with PSA's and interviews of what the multidisciplinary group is doing and services available in our county.	Steve Schwaller	ongoing as needed for next 10 months

Goal	Strategies	Who is responsible?	When? (Timeline)
To become an Iowa Healthy Community	Seasons Center has a 24 hour help line. We will help educate the public that the helpline is available by distributing flyers and other education	Seasons, Mary, KUOO	Ongoing next 10 months

Access to Physician Care. Due to no insurance and unemployment (7.7).

Transportation: Lack of financial resources for low income population.

Wellness Programs: LRH has begun a wellness program. The Bedell Family YMCA and numerous other exercise facilities are available.